



Rapid City Families...
Join us for a fun, informational
workshop about...

Health and Nutrition

November 15th, 2011

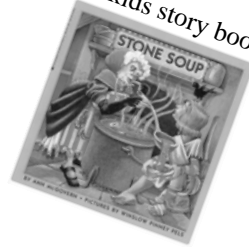
3:00—4:00

Rapid City Elementary

A power point presentation,
a fun make-n-take,
and light snacks
will be provided!

Receive a free
kids cookbook!

Free kids story book too!



Please return this portion to your child's teacher.

Your Child's Health and Nutrition Workshop
Rapid City Elementary
November 15th, 2011
3:00—4:00

Student Name: _____

Parent Name: _____

Teacher: _____