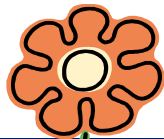


MAY 2011



KALKASKA PUBLIC SCHOOLS ELEMENTARY MENU

MENU SUBJECT TO CHANGE

Lunch Price \$1.50
Red. Lunch \$.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Pizza Applesauce Carrot & Celery Sticks w / Peanutbutter Dip 8oz.Milk	3 Cheeseburger on a Whole Grain Bun Smile Potatoes Salad w/Spinach&Peppers Sliced Pears 8oz.Milk	4 BBQ Beef Wonder Bites Buttered Noodles Green Beans Mandarin Oranges 8oz.Milk	5 Turkey & Cheese Cubes Sweet Potato Puffs Whole Grain Roll Fresh Grapes 8oz.Milk	6 Hot Dog on a Whole Wheat Bun Harvest Cheddar Chips Baked Beans Melon Slices 8oz.Milk
9 Two Cheese Max Sticks w/ Marinara Sauce Green Beans Diced Peaches 8oz.Milk	10 Sliced Ham & Cheese on a Whole Grain Bun Fresh Broccoli & Cauli w/ Ranch Dip Fresh Apple Slices 8oz.Milk	11 Macaroni & Cheese Salad w/Spinach&Tom. Pineapple Tidbits Whole Grain Roll 8oz.Milk	12 Chicken Nuggets Mashed Potatoes Diced Pears Oatmeal Raisin Cookie 8oz.Milk	13 French Toast Sticks Turkey Sausage Patty Potato Triangle Cinnamon Applesauce Fresh Orange Slices 8oz.Milk
16 Little Caesars Pizza Glazed Carrots Diced Pears Watermelon Slices 8oz.Milk	17 Mini Corn Dog Nuggets Rice Pilaf Broccoli w/ Cheese Diced Peaches 8oz.Milk	18 Spaghetti w/ Meat Sauce Salad w/Spinach&Cukes Applesauce Soft Breakstick 8oz.Milk	19 Fish Shapes Corn Fresh Fruit Slices w/Yogurt Dip Goldfish Grahams 8oz.Milk	20 Chicken Patty on a Whole Grain Bun Carrot & Cucumber Coins Orange Fruit Sherbet 8oz.Milk
23 Egg Cheese Omelet Tater Tots Fresh Orange Wedges Whole Grain Muffin 8oz.Milk	24 Beef Ravioli w/ cheese Salad w/Spinach&Carrots Applesauce Whole Grain Roll 8oz.Milk	25 Bosco Cheese Sticks Strawberry Yoqurt Mixed Pepper Strips Banana 8oz.Milk	26 Soft Shell Tacos Lettuce & Cheese Refried Bean Dip Chips & Salsa Diced Pears Milk Choice	27 PBJ Sandwich Sunflower Seeds Carrots & Pea Pods Fruit Choice 8oz.Milk

Choice of skim, 1% white or
1% chocolate milk with lunch.



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DID YOU KNOW ?



Physical activity can:



Help you have stronger bones and muscles.

Help you become more flexible.



Make you more balanced.

Make your heart healthier.



Keep you at a healthy weight.

Make you feel GOOD!

