

Subject: Health

Grade(s): 9 -12

Instructional Materials: Edgenuity, Text Books, Power Points, Videos, Michigan Model, MSU Extension, Teen Health, Kalkaska EMT's

<b>M o n t h</b>	<b>Topics</b>	<b>Time Spent (weeks)</b>	<b>Skills and Assessment</b>
<b>S e p t / J a n</b>	Making Healthy Choices Self-Esteem Infectious Diseases 4 R's Curriculum	2 1 2	Cover Chapters, Read articles, Analyze Videos, Notes -discuss causes and modes of transmission -discuss body's lines of defense and preventions  Article reviews, quizzes, worksheets, Questions over videos, Power points and Tests.  Kagan Strategies- Rally Robin Round Robin  4.1, 4.2, 4.7, 4.8, 5.1, 5.2, 5.3, 5.6, 5.7, 5.11

O c t / J a n / F e b / M a r	Cont. Infectious Diseases Non Infectious Diseases HIV/AIDS and STI's	2 3	Cover Chapters, Read articles, Analyze Videos, Notes, Posters, Questions over chapters. -discuss transmission, prevention, etc. -testing, treatment, risk factors, symptoms  Prevention posters, Test, Article responses, quizzes, worksheets, Cure worksheet  Kagan Strategies- Pair Share Quiz-Quiz-Trade  5.2, 5.4, 5.7, 5.8, 5.11, 6.1, 6.2, 6.3, 6.5, 6.7
N o v / M a r / A p r	Cont. HIV/AIDS and STI's First Aid/CPR Alcohol/Tobacco/Drugs	1 3	Article reviews, book work, notes, scenarios, posters, quizzes, video's, test Priorities, Common emergencies, Outdoor emergencies, Sport injuries. -identify and access emergency situations, learn to respond to emergencies  -identify short-term and long-term consequences, skills to avoid use -analyze pressures to use, decision making  Kagan Strategies- Show Down Continuous Round Robin Mix Pair Share  5.12, 1.14, 2.1, 2.2, 2.5, 2.6, 2.7, 2.8

<b>D e c / A p r / M a y</b>	Nutrition MSU Extension  Fitness	3  3	Power-point's, note's, worksheets, journals, Internet activities, quizzes, test -nutritional needs for teens, My Plate, eating habits, serving sizes, food labels, portion sizes. -eating out tips, shopping tips, etc. THR, ways to test, benefits, FIT principle, fitness plan, etc.  Kagan Strategies- Jot Thoughts as well as other strategies used throughout semester  1.1, 1.3, 1.4, 1.5, 1.6, 1.7, 1.9, 1.10, 1.14
<b>J a n / J u n</b>	Nutrition/Fitness Cont.		


