



Fruit or 100% Fruit Juice

Milk Choice

MAY 2023

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USDA is an equal opportunity provider and employer.

KALKASKA MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	. 3	4	5
1. Chicken Nuggets	1. BC Pizza	1. H/M Mac & Cheese	1. Mash. Potato Bowl	Pepperoni Calzones
2. Cook's Choice	2. Cook's Choice		2. Cook's Choice	2. Cook's Choice
3. Roast Beef & Cheddar Wrap	3. PB & J Snack Pack		3. PB & J Snack Pack	3. Yogurt Snack Pack
4. Chix Caesar Salad	4. Chef Salad		4. Gr. Chicken Salad	4. Taco Salad
Baked Beans / WG Roll	Sweet Potato Fries / Cookie	Kale Chips	Steamed Broccoli	Frozen Slush Cup
Fruit & Veggie Salad Bar	Fruit & Veggie Salad Bar	Fruit & Veggie Salad Bar	Fruit & Vegetable	Fruit & Vegetable
8	9	10	11	12
1. Salisbury Steak w/ Mashed Potato	1. BC Pizza	, 5	 Soft Taco w/ Meat Sauce 	1. Pepperoni Bosco Sticks
2. Cook's Choice	2. Cook's Choice		2. Cook's Choice	2. Cook's Choice
3. Italian Wrap	3. Chef Salad	3. Chicken Caesar Wrap	3. PB & J Snack Pack	3. Yogurt Snack Pack
4. Chix Caesar Salad	WG Bread Stick			4. Taco Salad
Baked Beans	Roasted Broccoli	Potato Smiles	Chip & Salsa/Refried Beans	Sweet Potato Fries/Green Sherbet
Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar
15		17	18	
1. Cheeseburger w/Bun	1. BC Pizza	1. Beef Bite w/ Roll	1. Stromboli	1. Max Sticks
2. Cook's Choice	2. Cook's Choice		2. Cook's Choice	2. Cook's Choice
3. Ham & Cheese Bagel	3. Chef Salad	3. Chicken Caesar Wrap	3. Turkey & Cheese Sub	3. Yogurt Snack Pack
4. PB & J Snack Pack	Cookie		4. Gr. Chicken Salad	4. Taco Salad
	Kale Chips	Baked Beans	Roasted Broccoli	Sweet Potato Fries
Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar
22		24	25	
 Sloppy Joe w/ Bun 	1. BC Pizza	 Baked Rotini w/ Meat Sauce 	 Hamburger w/ WG Bun 	1/2 Day
2. Cook's Choice	2. Cook's Choice	2. Cook's Choice	2. Cook's Choice	Breakfast
3. Roast Beef Wrap	3. Chef Salad	2. Chicken Caesar Wrap	3. PB & J Snack Pack	&
4. Chix Caesar Salad	Butter Noodles		4. Gr. Chicken Salad	Sack Lunch
Baked Beans	Roasted Broccoli	Steamed Broccoli	Glazed Carrots	
Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	
Breakfast Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
French Toast	Breakfast Pizza	Waffles	WG Donut or Cinn.	Pancakes
Cereal / String Cheese	Cereal / HB Egg	Cereal/String Cheese	Cereal / HB Egg	Cereal/String Cheese

Fresh Fruit Or Cupped Fruit

Milk Choice

Prairie Farm's 1% white or fat free chocolate milk is served with all meals.

Breakfast available every day at all KPS buildings 30 minutes before the school day begins.

Kalkaska Public School serve FREE Breakfast and Lunch at all of our Schools

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Menu subject to change without Notice.