




JANUARY 2026



KALKASKA ELEMENTARY SCHOOL MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| 5 BC Pizza Garden Salad Fresh Apples Cookie Milk Choice | 6 Beef & Bean Burrito Lettuce / Tomato Chip / Salsa Fresh Banana Milk Choice | 7 Hot Dog w/ WG Bun Cucumbers / Tomatoes Orange Wedges Milk Choice | 8 Chicken Sticks w/ WG Roll Sweet Potato Fries Chilled Pineapple Milk Choice | 9 French Toast Cheese Omelet Tater Tots Applesauce Milk Choice |
| 2nd Choice ALL WEEK 1: Ham & Cheese Croissant | | | | |
| 12 Beef Bites Mashed Potatoes Baked Beans / WG Roll Applesauce Milk Choice | 13 Gr. Cheese Sandwich Tomato Soup Fresh Melon Milk Choice | 14 H/M Mac & Cheese Roasted Broccoli Chilled Pears Cinn. Goldfish Cracker Milk Choice | 15 1/2 Day Breakfast & Sack Lunch | 16 1/2 Day Breakfast & Sack Lunch |
| 2nd Choice ALL WEEK 2: PB & J Snack Pack | | | | |
| 19 NO SCHOOL  | 20 French Bread Pizza Sweet Potato Fries Fresh Fruit Milk Choice | 21 Spaghetti w/ Meat Sauce WG Breadstick Steamed Broccoli Mixed Fruit Milk Choice | 22 Nachos w/ Meat Sauce Romaine Lettuce / Salsa Tomatoes / Pineapple Cheese / Refried Beans Milk Choice | 23 Hot Dog w/WG Bun Smiley Potatoes Cole Slaw Fresh Fruit Milk Choice |
| 2nd Choice ALL WEEK 3: Chicken Patty w/WG Bun | | | | |
| 26 Mini Calzone Fresh Broccoli Chilled Mixed Fruit Milk Choice | 27 Hamburger w/ WG Bun Sweet Potato Fries Chilled Pears Milk Choice | 28 Beef Bites w/ WG Roll Mashed Potatoes Mandarin Oranges Milk Choice | 29 Breaded Chicken Leg Baked Beans Chilled Peaches Buttered Noodles Milk Choice | 30 Corn Dogs Fresh Garden Salad Fresh Grapes Milk Choice |
| 2nd Choice ALL WEEK 4: Chicken Nuggets | | | | |

Qual Opportunity Provider and

BREAKFAST OFFERED DAILY IN CAFETERIA

subject to change without nc

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| Waffle or Pancake w/ Egg Patty Cereal & String Cheese 100% Fruit Juice Milk Choice | Breakfast Pizza Cereal & Hard Boiled Egg Applesauce Cup Milk Choice | French Toast Cereal & String Cheese Mixed Fruit Milk Choice | Pancake Wraps Cereal & Hard Boiled Egg Banana Milk Choice | Donut or Cinn. Roll Cereal & String Cheese 100% Fruit Juice Milk Choice |

We serve
PRAIRIE FARMS
No fat chocolate or
1% White Milk at
every meal

Kalkaska Public Schools
serves free breakfast and lunch
at all of our Schools.

What makes a Lunch?
5 Components
Fruits, Vegetables, Protein
Grains, Milk

Select 3 of 5 different components

Must include a fruit or vegetable

What makes a fruit a fruit?

Fruits are generally sweet
and have seeds on the inside.

Where do they grow?

Apples
Oranges
Cherries
Bananas
Pears
Plums



Trees

Cantaloupe



PLANTS



Blueberry
Pineapple
Strawberry
Tomato