



JANUARY 2026

KALKASKA ELEMENTARY SCHOOL MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 BC Pizza Garden Salad Fresh Apples Cookie Milk Choice	6 Beef & Bean Burrito Lettuce / Tomato Chip / Salsa Fresh Banana Milk Choice	7 Hot Dog w/ WG Bun Cucumbers / Tomatoes Orange Wedges Milk Choice	8 Chicken Sticks w/ WG Roll Sweet Potato Fries Chilled Pineapple Milk Choice	9 French Toast Cheese Omelet Tater Tots Applesauce Milk Choice
2nd Choice ALL WEEK 1: Ham & Cheese Croissant				
12 Beef Bites Mashed Potatoes Baked Beans / WG Roll Applesauce Milk Choice	13 Gr. Cheese Sandwich Tomato Soup Fresh Melon Milk Choice	14 H/M Mac & Cheese Roasted Broccoli Chilled Pears Cinn. Goldfish Cracker Milk Choice	15 1/2 Day Breakfast & Sack Lunch	16 1/2 Day Breakfast & Sack Lunch
2nd Choice ALL WEEK 2: PB & J Snack Pack				
19 NO SCHOOL 	20 French Bread Pizza Sweet Potato Fries Fresh Fruit Milk Choice	21 Spaghetti w/ Meat Sauce WG Breadstick Steamed Broccoli Mixed Fruit Milk Choice	22 Nachos w/ Meat Sauce Romaine Lettuce / Salsa Tomatoes / Pineapple Cheese / Refried Beans Milk Choice	23 Hot Dog w/WG Bun Smiley Potatoes Cole Slaw Fresh Fruit Milk Choice
2nd Choice ALL WEEK 3: Chicken Patty w/WG Bun				
26 Mini Calzone Fresh Broccoli Chilled Mixed Fruit Milk Choice	27 Hamburger w/ WG Bun Sweet Potato Fries Chilled Pears Milk Choice	28 Beef Bites w/ WG Roll Mashed Potatoes Mandarin Oranges Milk Choice	29 Breaded Chicken Leg Baked Beans Chilled Peaches Buttered Noodles Milk Choice	30 Corn Dogs Fresh Garden Salad Fresh Grapes Milk Choice
2nd Choice ALL WEEK 4: Chicken Nuggets				

Actual Opportunity Provider and

BREAKFAST OFFERED DAILY IN CAFETERIA

subject to Change without no

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waffle or Pancake w/ Egg Patty Cereal & String Cheese 100% Fruit Juice Milk Choice	Breakfast Pizza Cereal & Hard Boiled Egg Applesauce Cup Milk Choice	French Toast Cereal & String Cheese Mixed Fruit Milk Choice	Pancake Wraps Cereal & Hard Boiled Egg Banana Milk Choice	Donut or Cinn. Roll Cereal & String Cheese 100% Fruit Juice Milk Choice

We serve
PRAIRIE FARMS
No fat chocolate or
1% White Milk at
every meal

Kalkaska Public Schools
serves free breakfast and lunch
at all of our Schools.

What makes a Lunch?
5 Components
**Fruits, Vegetables, Protein
Grains, Milk**

Select 3 of 5 different components

Must include a fruit or vegetable

What makes a fruit a fruit?
Fruits are generally sweet
and have seeds on the inside.

Where do they grow?

Apples
Oranges
Cherries
Bananas
Pears
Plums



Trees



Cantaloupe

PLANTS



Blueberry
Pineapple
Strawberry
Tomato