



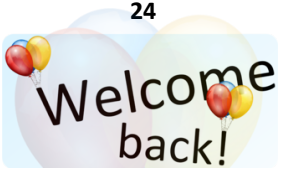
August 2026

KALKASKA ELEMENTARY SCHOOL MENU



We serve
PRAIRIE FARMS
No fat chocolate or
1% White Milk at
every meal

Kalkaska Public Schools
serves free breakfast and lunch
at all of our Schools.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24 	25 Cheeseburger/WG Bun Sweet Potato Fries Pears Milk Choice	26 Beef Bites/WG Roll Mashed Potatoes Fresh Melon Milk Choice	27 Chicken Nuggets Baked Beans Peaches Milk Choice	28 Corn Dogs Garden Salad Grapes Milk Choice
2nd Choice ALL WEEK 4: PB&J Snack Pack				

USDA is an equal
opportunity
provider and employer.

BREAKFAST OFFERED DAILY IN CAFETERIA

Menu subject to
change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waffle or Pancake w/ Egg Patty Cereal & String Cheese 100% Fruit Juice Milk Choice	Breakfast Pizza Cereal & Hard Boiled Egg Applesauce Cup Milk Choice	French Toast Cereal & String Cheese Mixed Fruit Milk Choice	Pancake Wraps Cereal & Hard Boiled Egg Banana Milk Choice	Donut or Cinn. Roll Cereal & String Cheese 100% Fruit Juice Milk Choice

What makes a Lunch?
5 Components
Fruits, Vegetables, Protein
Grains, Milk

Select 3 of 5 different components

Must include a fruit or vegetable

What makes a fruit a fruit?

Fruits are generally sweet
and have seeds on the inside.

Where do they grow?

Apples
Oranges
Cherries
Bananas
Pears
Plums



Trees

Cantaloupe



PLANTS



Blueberry
Pineapple
Strawberry
Tomato