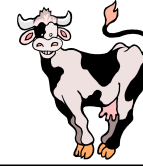


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September 2026

KALKASKA ELEMENTARY SCHOOL MENU



We serve
PRAIRIE FARMS
No fat chocolate or
1% White Milk at
every meal

Kalkaska Public Schools
serves free breakfast and lunch
at all of our Schools.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 31 Grilled Cheese Sandwich Broccoli Fruit Mix Milk Choice	1 Beef Bites Mashed Potatoes WG Dinner Roll Fresh Apple Milk Choice	2 Mini Ravioli/Meat Sauce Steamed Carrots Chilled Pears WG Bread Stick Milk Choice	3 Chicken Tenders Diced Strawberries Baked Beans Milk Choice	4 NO SCHOOL
2nd Choice ALL WEEK 1: Ham and Cheese Croissant				
7 	8 Mini Calzone California Blend Veggies Peaches Milk Choice	9 Mac and Cheese Carrots Banana Milk Choice	10 Nachos/Meat Sauce Lettuce/Salsa Cheese/Refried Beans Apple Milk Choice	11 Hot Dog/Bun Baked Beans Pineapple Milk Choice
2nd Choice ALL WEEK 2: Pb & J Snack Pack				
14 Pepperoni French Bread Pizza Roasted Broccoli Watermelon	15 Spaghetti/Meat Sauce WG Breadstick Green Beans Mandarin Oranges Milk Choice	16 Beef Bites/WG roll Mashed Potatoes Orange Wedges Milk Choice	17 Sloppy Joe/WG Bun Corn Grapes Milk Choice	18 Corn Dogs Carrots Fruit Mix Milk Choice
2nd Choice ALL WEEK 3: Chicken Patty/WG Bun				
21 Meatloaf Garlic Toast Cucumbers Peaches Milk Choice	22 Chicken Quesadilla Broccoli Pears Milk Choice	23 Beef Tacos Lettuce/Salsa Cheese/Refried Beans Apple Slices Milk Choice	24 Hot Dog/WG Bun Smile Fries Pineapple Milk Choice	25 NO SCHOOL
2nd Choice ALL WEEK 4: Chicken Nuggets				
28 BC Pizza Steamed Carrots Chilled Pears WG Breadstick Milk Choice	29 Spaghetti/Meat Sauce California Blend Veggies Grapes Milk Choice	30 Mac and Cheese Green Beans Banana Milk Choice	Oct 1 Grilled Cheese Sandwich Baked Beans Apple Milk Choice	Oct 2 Chicken Tenders Fries Pineapple Milk Choice
2nd Choice ALL WEEK 5: Ham and Cheese Croissant				

What makes a Lunch?
5 Components
Fruits, Vegetables, Protein
Grains, Milk

Select 3 of 5 different components

Must include a fruit or vegetable

What makes a fruit a fruit?

Fruits are generally sweet
and have seeds on the inside.

Where do they grow?

Apples
Oranges
Cherries
Bananas
Pears
Plums



Trees

Cherries
Bananas
Pears
Plums



Cantaloupe

PLANTS



Blueberry
Pineapple
Strawberry
Tomato

USDA is an equal
opportunity
provider and employer.

BREAKFAST OFFERED DAILY IN CAFETERIA

Menu subject to
change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waffle or Pancake w/ Egg Patty Cereal & String Cheese 100% Fruit Juice Milk Choice	Breakfast Pizza Cereal & Hard Boiled Egg Applesauce Cup Milk Choice	French Toast Cereal & String Cheese Mixed Fruit Milk Choice	Pancake Wraps Cereal & Hard Boiled Egg Banana Milk Choice	Donut or Cinn. Roll Cereal & String Cheese 100% Fruit Juice Milk Choice