



February 2026

KECLC & HEAD START

We proudly serve
PRAIRIE FARMS
No fat chocolate or
1% White Milk at
every meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Bites Mashed Potato Chilled Pineapple WG Roll	BC Pizza Garden Salad Fresh Melon	Breaded Chicken Leg Celery Sticks Corn Bread Orange Wedges	Chicken Tenders Sweet Potato Fries Pretzel Rod Fresh Banana	NO SCHOOL
NO SCHOOL	Gr. Cheese Sandwich Tomato Soup Cucumbers/Celery Applesauce	H/M Mac & Cheese Cinn. Gold Fish Orange Wedges Baked Beans	Meatballs w/ Brown Gravy Butter Noodles Orange Wedges Broccoli	French Bread Pizza Green Beans Chilled Mango
NO SCHOOL	BC Pizza Garden Salad Pineapple Wedge	Nachos w/ Meat Sauce Romaine Lettuce/Salsa Tomatoes/ Mango Cheese Refried Beans Mexican Rice	Spaghetti w/ Meat Sauce Roasted Broccoli WG Breadstick Fresh Banana	Max Sticks Marinara Sauce Carrots Fresh Fruit
Chicken Patty w/WG Bun Fresh Broccoli/Cauliflower Fresh Kiwi	Hamburger w/WG Bun Sweet Potato Fries Apple Wedges	Beef Bites w/ WG Roll Mashed Potato Orange Wedges	Cheese Ravioli Spaghetti Sauce Bread Stick Garden Salad	Chicken Nuggets Warm Pretzel Rod Green Beans Banana

Kalkaska Public Schools
serves free breakfast and lunch
at all of our Schools.

What makes a Lunch?
5 Components
Fruits, Vegetables, Protein
Grains, Milk

Must include a fruit or vegetable

What makes a fruit a fruit?
Fruits are generally sweet
and have seeds on the inside.

Where do they grow?

Trees



Trees

Apples
Oranges
Cherries
Bananas
Pears
Plums

VINES

Watermelon
Kiwis **Grapes**
Cantaloupe



PLANTS



Blueberry
Pineapple
Strawberry
Tomato

USDA is an equal
opportunity provider and employer

Menu subject to change
without notice.

