



October 2026



KALKASKA MIDDLE SCHOOL LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
Stromboli Corn Dog Nuggets Sweet potato Fries Chicken Cobb Salad Fruit and Veggie Bar	BC Pizza Chicken Caesar Wrap Roasted Broccoli Chicken Cobb Salad Fruit and Veggie Bar	Lasagna/Meat Sauce Chicken Tenders Baked Beans Chicken Cobb Salad Fruit and Veggie Bar	Pepperoni Bosco Sticks Meatloaf/WG Roll Corn Chicken Cobb Salad Fruit and Veggie Bar	Spaghetti/Meat Sauce Turkey and Cheese Sub Carrots Taco Salad Fruit and Veggie Bar
12	13	14	15	16
Popcorn Chicken Grilled Cheese Sandwich Tomato Soup Chef Salad Fruit and Veggie Bar	BC Pizza Cheeseburger/WG Bun Green Beans Chef Salad Fruit and Veggie Bar	Meatball Sub Chicken Nuggets Broccoli Chef Salad Fruit and Veggie Bar	Nachos/Meat Sauce Cold Cut Sub Refried Beans/Rice Chef Salad Fruit and Veggie Bar	Pepperoni Calzone Sloppy Joe/WG Bun Tater Puffs Taco Salad Fruit and Veggie Bar
19	20	21	22	23
Beef Tacos Chicken Quesadilla Refried Beans/Salsa Chicken Caesar Salad Fruit and Veggie Bar	BC Pizza Chicken Patty/WG Bun Steamed Broccoli Chicken Caesar Salad Fruit and Veggie Bar	Hot Dog/WG Bun Italian Wrap Mashed Potatoes Chicken Caesar Salad Fruit and Veggie Bar	1/2 Day Breakfast & Sack Lunch	NO SCHOOL
26	27	28	29	30
Stromboli Grilled Chicken Sandwich Carrots Grilled Chicken Salad Fruit and Veggie Bar	BC Pizza Pulled Pork/WG Bun Squash Grilled Chicken Salad Fruit and Veggie Bar	Beef Bites/WG Roll Ham & Swiss Sub Fries Grilled Chicken Salad Fruit and Veggie Bar	Cheese Bosco Sticks Chicken Tenders Baked Beans Grilled Chicken Salad Fruit and Veggie Bar	Mac and Cheese Breaded Chicken Leg Broccoli Taco Salad Fruit and Veggie Bar

We serve
PRAIRIE FARMS
No fat chocolate or
1% White Milk at
every meal

Kalkaska Public Schools
serves free breakfast and lunch
at all of our Schools.

What makes a Lunch?
5 Components
Fruits, Vegetables, Protein
Grains, Milk
Select 3 of 5 different components

USDA is an equal opportunity
provider and employer

BREAKFAST OFFERED DAILY IN CAFETERIA

Menu subject to
change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waffle or Pancake w/ Egg Patty Cereal & String Cheese Mixed Fruit Milk Choice	Blueberry Parfait Cereal & Hard Boiled Egg Orange Wedges Milk Choice	French Toast Cereal & String Cheese 100% Fruit Juice Milk Choice	Pancake Wraps Cereal & Hard Boiled Egg Banana Milk Choice	WG Donut/Sausage Cereal & String Cheese Milk Choice