




# January 2026

## KALKASKA MIDDLE SCHOOL LUNCH MENU



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
| <b>5</b><br>1. Cheeseburger w/ WG Bun<br>2. Warm Ham & Cheese Pretzel Bun<br>3. Chicken Veggie Wrap<br>4. Chicken Caesar Salad<br>5. Sunbutter Snack Pack<br>Fruit & Veggie Bar     | <b>6</b><br>1. BC Pizza<br>2. Ham & cheese Sub<br>3. Yogurt Snack Pack<br>4. Chicken Caesar Salad<br>Corn Bread<br>Fruit & Veggie Bar                     | <b>7</b><br>1. Beef Bites w/WG Roll<br>2. Breaded Chicken Legs<br>3. Turkey & Swiss Bistro Wrap<br>4. Chicken Caesar Salad<br>Steamed Broccoli<br>Fruit & Veggie Bar | <b>8</b><br>1. Stromboli<br>2. Corn Dogs Nuggets<br>3. Ham & Swiss Sub<br>4. Chicken Caesar Salad<br>5. Sunbutter Snack Pack<br>Glazed Carrots<br>Fruit & Veggie Bar | <b>9</b><br>1. Pepperoni Calzones<br>2. Hot Dog w/ Bun<br>3. Taco Salad<br>4. Turkey & cheese Sub<br>Bake Beans<br>Fruit & Veggie Bar                       |
| <b>12</b><br>1. Gr Chicken Deluxe Sandwich<br>2. Sloppy Joe Sandwich<br>3. Chicken BLT Wrap<br>4. Gr. Chicken Salad<br>5. Sunbutter Snack Pack<br>Baked Beans<br>Fruit & Veggie Bar | <b>13</b><br>1. BC Pizza<br>2. Pulled Pork Sandwich<br>3. Yogurt Snack Pack<br>4. Gr. Chicken Salad<br>Cookie<br>Sweet Potato Fries<br>Fruit & Veggie Bar | <b>14</b><br>1. H/M Mac & Cheese<br>2. Breaded Chicken Leg<br>3. Chicken Caesar Wrap<br>4. Gr. Chicken Salad<br>WG Roll<br>Fruit & Veggie Bar                        | <b>15</b><br>1/2 Day of School<br>Breakfast<br>and<br>Sack Lunch   | <b>16</b><br>1/2 Day of School<br>Breakfast<br>and<br>Sack Lunch  |
| <b>19</b><br><b>No School</b><br>  | <b>20</b><br>1. BC Pizza<br>2. Chicken Patty w/ WG Bun<br>3. Cold Cut Sub<br>4. Chef Salad<br>Roasted Broccoli / Butter Noodles<br>Fruit & Veggie Bar     | <b>21</b><br>1. Lasagna w/ Meat Sauce<br>2. Hot Dog w/ WG Bun<br>3. Turkey & Cheese Wrap<br>4. Chef Salad<br>Bread Stick<br>Fruit & Veggie Bar                       | <b>22</b><br>1. Nachos w/ Meat Sauce<br>2. Chicken Nuggets<br>3. Sunbutter Snack Pack<br>4. Chef Salad<br>Rice / Refried Beans<br>Fruit & Veggie Bar                 | <b>23</b><br>1. Cheese Bosco Sticks<br>2. Beef Bites w/ WG Roll<br>3. Chicken Caesar Wrap<br>4. Taco Salad<br>Frozen Slush Cup<br>Fruit & Veggie Bar        |
| <b>26</b><br>1. Salisbury Steak w/ M. Potato<br>2. Chicken Nuggets<br>3. Italian Wrap<br>4. Chef Salad<br>5. Sunbutter Snack Pack<br>Fruit & Veggie Bar                             | <b>27</b><br>1. BC Pizza<br>2. Slim Jim sandwich<br>3. Chef Salad<br>Cookies<br>Roasted Broccoli<br>Fruit & Veggie Bar                                    | <b>28</b><br>1. Chicken Tenders w/ Roll<br>2. Grill Cheese Sandwich<br>3. Chicken Caesar Wrap<br>4. Chef Salad<br>Baked Beans<br>Fruit & Veggie Bar                  | <b>29</b><br>1. Stromboli<br>2. Corn Dog Nuggets<br>3. Turkey & Cheese Sub<br>4. Gr. Chicken Salad<br>5. Sunbutter Snack Pack<br>Fruit & Veggie Bar                  | <b>30</b><br>1. Pepperoni Individual Pizza<br>2. Ham & Cheese w/WG Bun<br>3. Yogurt Snack Pack<br>4. Taco Salad<br>Sweet Potato Fries<br>Fruit & Veggie Bar |

### Breakfast Menu

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|--|--|
| Breakfast Sandwich<br>French Toast<br>Cereal / String Cheese<br>Fresh Fruit Or Cupped Fruit<br>Milk Choice | Breakfast Sandwich<br>Breakfast Pizza<br>Cereal / HB Egg<br>Fruit or 100% Fruit Juice<br>Milk Choice | Breakfast Sandwich<br>Waffles<br>Cereal/String Cheese<br>Fresh Fruit Or Cupped Fruit<br>Milk Choice | Breakfast Sandwich<br>Cinnamon Roll<br>Cereal / HB Egg<br>Fruit or 100% Fruit Juice<br>Milk Choice | Breakfast Sandwich<br>Pancakes<br>Cereal/String Cheese<br>Fresh Fruit Or Cupped Fruit<br>Milk Choice |

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Menu subject to change without notice